

# HARVEST 2023



## Why Do We Need Your Help?

The Crawley Foodbank Partnership is run by Crawley Open House and The Easter Team, we use food in 2 ways. **We distribute food parcels for the CFP and serve 3 meals a day, 365 days a year through our hostel kitchen – that's over 20,000 meals a year.** We can only do this because people generously donate most of the food we give out. If you can help these are the things we are always needing.

- Long-life milk
- Toilet rolls
- Sugar
- Small bottles of water
- Tinned meat and fish
- Tinned potatoes and vegetables
- Tins of beans and spaghetti
- Jam, marmalade & honey
- Spray deodorants
- Biscuits, chocolate & sweets
- Tea and coffee
- Jars of cooking sauce and pasta sauce
- Custard and rice pudding
- Soup
- New socks and underwear, for men and women
- Dog food and treats

For more information call us on **01293 447702** or visit our website  
<https://www.crawleyopenhouse.co.uk/>

